

Place for Hope Training Courses 2025



www.placeforhope.org.uk
e: info@placeforhope.org.uk
t: 07884 580 359
Charity No: SC045224



What we Offer

Our churches and faith communities face change, encounter difference and can struggle to manage conflict. We know conflict can be both creative and destructive.

Place for Hope offers workshops to support people in responding to conflict. Courses are delivered online – usually in half day blocks unless otherwise stated.

Dates of courses can be found on page 4, or get in touch with us to arrange a session for your organisation.

Open Courses in 2025

New for 2025 – Place for Hope Bitesize Sessions

Our Bitesize Sessions will offer seven shorter, focused 2hr learning sessions. Bitesize 1 & 2 must be completed before moving on to Bitesize 3 to 7 which may be completed in any order. Completing Bitesize 1 & 2 is the minimum requirement to access the Faith in Change and Conflict Course.

Bitesize 1. Understanding Conflict & How it Escalates

Explore what conflict is and how it has the potential to be transformational for deepening relationships and communities. Notice how dynamics and language change when conversations get heated and what tools can help you lower the temperature.

Bitesize 2. Understanding Personal Conflict Management Styles

Understanding your own responses and approach to conflict and that of others can help you to read the situation and respond better when conversations are heated.

Bitesize 3. Communication Skills for Conflict Situations

Practice communication tips and tools for dealing with escalating conflict and gain confidence in lowering the temperature.

Bitesize 4. Conflict in Church Settings

What does conflict 'look like' in church settings, what are the distinctive features and how to respond out of love and grace.

Bitesize 5. Understanding and Managing Challenging Behaviours

Notice patterns and dynamics of challenging behaviour including bullying and harassing behaviour. Explore tools to help manage and respond to such behaviour.

Bitesize 6. Dealing with Difficult Conversations

Want to be better prepared for difficult conversations? Explore how to prepare for and practice engaging in those difficult conversations.

Bitesize 7. Growing a Healthy Church Culture

Responding to conflict in our churches as a means of opportunity to grow and learn. Creating a healthy culture towards conflict shared by the whole community

Open Courses in 2025 cont.

Faith in Change and Conflict

This advanced course, and our only residential course, is for all in leadership (ordained, lay, formal, informal) in our churches who want to deepen their learning about conflict, change and transition in faith contexts, in order to strengthen their skills base for local application.

Growing through Change and Conflict Foundation

This foundation course helps participants learn how to recognise and understand conflict, earlier and with confidence. We will share how conflict 'looks' in our churches, explore different approaches and responses, and develop your skills in transforming conflict.

Responding to Challenging Behaviour

This course considers the dynamics that lead to bullying, supporting participants to gain a deeper understanding of the dynamics of power and equips participants with basic skills to become more confident when dealing with high conflict behaviour.

Journeying and Leading through Change and Transition

This course explores the phases of transition that take place within as we re-orientate ourselves to change. Develop your understanding of these phases and equip yourself with the skills manage change and transition well.

Spirituality, Scripture and Conflict

What does scripture say about conflict? Is there a 'biblical' approach to difference and disagreement? Using small group work, we weave stories of biblical insight with lived experience in this new workshop for faith leaders.

Nonviolence: Jesus' Radical Invitation

The Third Way: Nonviolence in the current age is a course drawing on Jesus' life and teachings that explores the spiritual practice of nonviolence in our personal lives as people of peace and then how nonviolence can be a powerful tool in our individual and collective approach to issues of violence and injustice in the world.

We all came away enriched, better informed and challenged by what we heard, with much valuable information to use and pass on.

'Spirituality, Scripture and Conflict' participant

Course Dates

Courses will be delivered online as below, please ensure that you are available for all dates of the stated course.

Place for Hope Bitesize Sessions

Bitesize 1 & 2 (mandatory – please choose one set of dates)

Tuesday 18th & Tuesday 25th February 0930-1130

Thursday 15th & Thursday 22nd May 0930-1130

Tuesday 16th & Tuesday 23rd September 0930-1130

Bitesize 3 – Wednesday 19th March

Bitesize 4 – Tuesday 8th April

Bitesize 5 – Thursday 1st May

Bitesize 6 – Wednesday 10th September

Bitesize 7 – Thursday 9th October

Faith in Change and Conflict

Part 1 Residential: Tuesday 21st January 1500 - Thursday 23rd January 1600

Part 2 Residential: Tuesday 11th March 1500 - Thursday 13th March 1500

Location: St Mary's Kinnoull

Online sessions: Wednesday 12th February 0930-1300 & Monday 24 February 1400-1730

Growing through Change and Conflict Foundation

Wednesday 30th April & Wednesday 7th May 0930-1300

Tuesday 30th September & Tuesday 7th October 0930-1300

Responding to Challenging Behaviour

Tuesday 18th & Tuesday 25th March 0930-1300

Tuesday 4th & Tuesday 11th November 0930-1300

Journeying and Leading through Change and Transition

Wednesday 4th & Wednesday 11th June 0930-1300

Thursday 6th & Thursday 13th November 0930-1300

Nonviolence: Jesus' Radical Invitation

Thursday 5th & Thursday 12th June 0930-1300

Booking

Faith in Change and Conflict: <https://forms.gle/3WhV7rsX5vaNpjR69>

All other courses: <https://forms.office.com/e/zp5UYe0ARZ>

Further Information

Course Fees

For those paying as individuals for online courses, we offer a sliding scale:

Standard price: £45

Happy to pay more to help support others: £60

It's tough at the moment; money is tight: £15

Bitesize sessions:

Standard price: £15

Happy to pay more to help support others: £20

It's tough at the moment; money is tight: £5

Faith in Change and Conflict residential course:

£1,050 (payments can be made in instalments on request)

Partnership agreements are in place with certain denominations, and sponsorship may be available through your church, denomination or organisation.

Please contact gill.thomas@placeforhope.org.uk if you are unsure about your payment options.

Tailored Training

We can devise training to suit the needs of your church, faith group or organisation.

To discuss a tailored training event for your group, please contact:

gill.thomas@placeforhope.org.uk.

Support we Offer

Place for Hope are available to offer help with conflict situations and host facilitated conversations to support with navigating change well and preventing conflict escalating.

Please contact us at: info@placeforhope.org.uk or visit the website: placeforhope.org.uk.

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